

Using A Train The Trainer Model In The Hospital Setting

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the opportunity

- smoking cessation ABCs guide hospital interventions
 - all patients asks about smokefree status
 - given brief advice to be smokefree
 - cessation support arranged
- Ministry of Health smoking cessation e-learning tool – part of 'Ask About The Elephant' initiative



strategy

Target:

- 80% of RNs at Hawke's Bay Hospital to complete e-learning by 1 May 2010

Train The Trainer:

- 21 RNs (champions) from across hospital areas attended a 1 day training including:
 - e-learning tool
 - HBDHB NRT Standing Orders procedure
 - training for roll-out (goals & network support)
- champions subsequently train colleagues:
 - 20 min introduction (part 1)
 - oversight of E-Learning (part 2)

challenges

- seasonal sickness / swine flu led to work load issues, further limiting release time
- RNs going on to complete Part 2

'Probably one of the best well managed presentations I have ever been to "Thank you Guys"'

"Very good study day... Will be explaining the benefits of smokefree to everyone!"

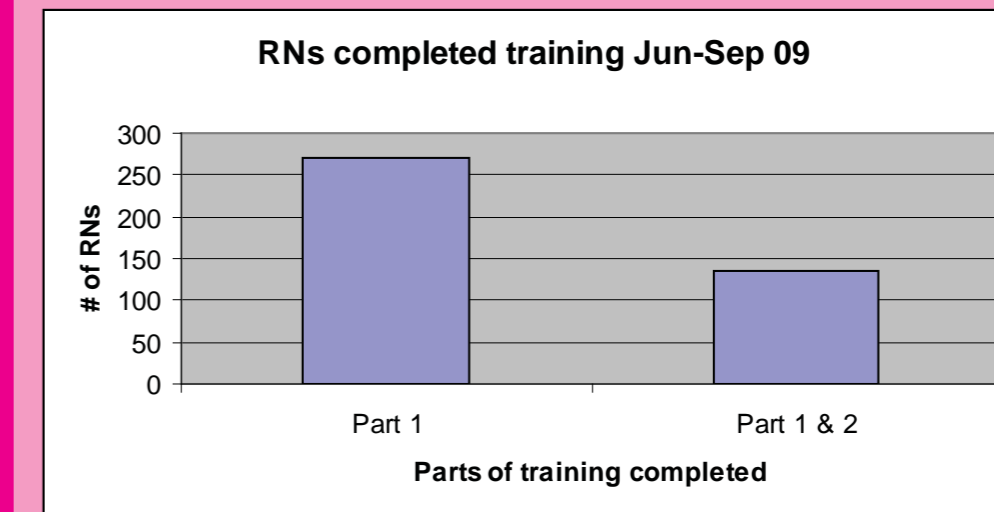
"I am excited about training others in smokefree"

"Well done on a well constructed day, a day's discussion delivered with passion!!"

"Keep up the good work! I thoroughly enjoyed it and the variety of learning mediums maintained my interest. Thanks"



successes



- period independently creating smokefree surgical posters and resources
- two champions chose to train all health professionals in their areas
- one champion chose to train all rural nurses on a monthly basis, coordinating this with her clinic visits
- smokefree passions developed - 'I'm excited about training people in smokefree'
- due to demand, additional training day scheduled
- champions group formalised as Link Champion group and is a valuable ongoing resource
- majority of staff trained to date have received their training through the Train The Trainer method

Conclusion:

- this approach is an effective way of engaging with large numbers of health professionals who often struggle to get release time for education

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